

**Hey  
Kids!**



# **BOX CAR RACE**

The LaCrosse Fairgrounds Speedway Box Car Race is a fun event for kids ages 5-11. Here are a few quick pointers on how to get involved. There is no advance registration required. Just bring your box car racer to the races on a scheduled box car race night. Stop up on the back of the race control tower, and sign up to participate. The box car races take place prior to the National Anthem, approximately 7:00 p.m.

- Get a cardboard box that fits around the child. Cut holes as desired for head, arms and legs so the child can run comfortably.
- Decorate the box as desired using paint, markers, stickers, tape, etc. (to look like the child's favorite race car). String or straps over the shoulders are optional.
- The child should wear pants (to avoid any scraped knees!) and running shoes.

The race typically runs a couple laps, then the kids make a pitstop under caution - parents you are the pit crew - they get a drink of water, then back to the track for a couple laps to the checkered flag.

Trophies for the winners and prizes for all participants courtesy of McDonald's!

